



Dr.I.Maheswari, Assistant Professor

Department of Food Science and Nutrition

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9715576817

ACADEMIC QUALIFICATIONS:

DOCTORAL RESEARCH –Ph.D (Food Science and Nutrition)

University : Gandhigram Rural Institute DTBU, Dindigul, India
Aggregate : 70%
Title : Quality Evaluation of Food Products substituted with Rice Bran Protein concentrates
Year : 2023

BACHELOR OF EDUCATION

University : Tamil Nadu Teachers Educational University, Chennai, India
Aggregate : 81%
Degree : Home Science
Year : 2009

MASTER OF SCIENCE

University : Tamil Nadu Agricultural University, Coimbatore, India
Aggregate : 91.70%
Degree : Food Science and Nutrition
Title of the Project: Processing, Preservation and Product development from Guava pulp.
Year : 2003

BACHELOR OF SCIENCE

University : Gandhigram Rural Institute DTBU, Dindigul, TN, India
Aggregate : 63.70%
Degree : Home Science
Title of the project: Awareness on health care among the selected diabetic persons
Year : 2001

HIGHER SECONDARY

School : Nirmala Girls Higher Secondary School, Madurai, TN, India
Aggregate : 63%
Year : 1998

S.S.L.C

School : Nirmala Girls Higher Secondary School, Madurai, TN, India
Aggregate : 65.8%
Year : 1996

NET/SLET/ QUALIFICATION

SET

University : Bharathiyar University TamilNadu, India
Subject : Home Science
Month & Year : August 2011

NET

University : UGC, New Delhi
Subject : Home Science
Month & Year : June 2013

ADDITIONAL QUALIFICATION

- Completed one year Diploma in Computer Application, Mother Computer Academy, Kariapatti, Virudhunagar-2007.

CERTIFICATION COURSE

- Completed 2 months (February- April 2024) online Certification course on "Sports and Performance Nutrition" offered by SWAYAM, NPTEL,IITM, Chennai.
- Completed "Senior examination of First Aid" organized by St.John Ambulance Association, Manapparai centre on 04.03.2009.
- Completed certificate course on "MS office and Visual basic", Gandhigram Rural Insitute, Gandhigram-1997

AREA OF SPECIALIZATION

- Food Science and Nutrition
- Dietetics
- Human Nutrition
- Community Nutrition
- Food Processing and Preservation
- Food Product Development
- Food Microbiology
- Functional Foods and Nutraceuticals

TRAINING PROGRAMME

- Completed “Doll making” (soft toys) training programme organized by Centre for Entrepreneurship Development, Gandhigram Rural Institute, Gandhigram-1999

WORKING EXPERIENCE:

1. TEACHING EXPERIENCE IN UG COURSE

Teaching Experience (As per UGC RGNF Guidelines during Ph.D Number of periods taken per week in graduate course)

Sl. No	Institution	Duration	Number of periods taken per week in graduate course
1.	Department of Home Science, Gandhigram Rural Institute, Deemed to be University	September 2015- February 2016	4 hrs /week
		March 2016 – September 2016	6 hrs / week
		October 2016- February 2017	4 hrs /week
		March 2017 – September 2017	4 hrs /week
		October 2017- February 2018	4 hrs /week

2. TEACHING EXPERIENCE IN PG COURSE

Sl. No	Institution	Position	Duration		Years of Service
			From	To	
1.	Mother Teresa Women's University, Extension and Research Centre, Madurai campus, Killakuiylkudi, Madurai	Guest Faculty	16.09.21	31.04.23	1 year 2 months

3. RESEARCH GUIDANCE:

S. No	Year	Degree	Awarded
1	2022	PG	11
2	2023	PG	7

4. TEACHING EXPERIENCE IN UG COURSE

Sl. No	Institution	Position	Duration	
			From	To
1	Mannar Thirumalai Naicker College, Pasumalai, Madurai	Assistant Professor	17.05.23	Till date

5. TEACHING EXPERIENCE IN HANDING HIGHER SECONDARY CLASSES

Sl. No	Institution	Position	Teaching	Duration		Total Years of Service
				From	To	
1.	Government Higher Secondary School, Kariapatti, Virudhunagar	Nutrition subject teacher	Higher Secondary Class(+1 and +2)	04.09.05	03.10.07	2 years 1 month

6. RESEARCH EXPERIENCE

S.No	Title of the project	Post held	Employer	Funding Agency	Period of employment	Years/ Months
1	Developing Community based approach for prevention District	Senior Research Fellow	Dean, Home Science College and Research Institute, TNAU Madurai	DST, New Delhi	19.08.2010-31.11.2012	2 Yrs 2 months
2	Value Added Products from Yeast Fermented Heat Stabilized Defatted Rice Bran	Senior Research Fellow	Dean, Home Science College and Research Institute, TNAU Madurai	UGC, New Delhi	28.12.2012-22.11.2014	1 Yr 8 months

ORIENTATION AND SENSITIZATION PROGRAMMES

1. UGC Sponsored NEP 2020 Orientation and Sensitization programme under the Malaviya Mission Teacher Training Programme, MM-TTC of University Grants Commission (UGC), Organized by UGC-MMTTC, Gandhigram Rural Institute-DTBU, Gandhigram, Dindigul from 04.03.2024 to 14.03.2024.
2. UGC Sponsored Orientation NEP 2020 Orientation and Sensitization programme under the Malaviya Mission Teacher Training Programme, MM-TTC of University Grants Commission (UGC), Organized by UGC-MMTTC, Bharathidasan University, Tiruchirappalli from 03.06.2024 to 12.06.2024.

VOLUNTEER ACTIVITIES

- NSS

MEMBERSHIP

1.	Nutrition Society of India (NSI)	Life Membership (ID No.LM-2010-186)
2.	Indian Dietetic Association (IDA)	Life Membership (IDA/12507)
3.	ASTM	International Student Member (Number 1969737)

AWARDS : 11 Nos

1. Received “Young Scientist Award” for outstanding performance in research and publication from Global Management council, Ahmedabad on 2024.
2. Received Felicitation certificate for motivate students to participate “Izhavenil 2023” from Mannar Thirumalai Naicker College, Madurai on 30.08.2023.
3. Received Felicitation certificate for motivate students to participate “International Millet Food Exhibition” from Tamil Nadu Civil Supplies and Consumer Protection Department, Madurai at Social Science College on 08.12.2023.
4. Received Swami Vivekanandha award from Bharathi Yuva Kendra trust, Kochadai, Madurai on 2018
5. Received best poster presentation award from Rev.Jacob Momorial Christian College Ambilikkai, Dindigul on 2016.
6. Received Rajiv Gandhi National Fellowship Award from UGC, New Delhi on 2015.

7. Received best oral presentation award from Gandhigram Rural Institute, Dindigul on 2013.
8. Received Chikkaponnu Endowment Award from Lakshmi College of Education, Gandhigram on 2009.
9. Received Certificate of Merit from Lakshmi College of Education, Gandhigram on 2009.
10. Received Felicitation award from District Educational Department, Virudhunagar on 2007.
11. Received Outstanding Humanitarian service award from Indian Red Cross Society, Madurai on 1999.

PUBLICATIONS : 10 Nos

S. No	Author (s)	Title of the Article	Name of the Journal	Volume Issue & Page No	Year of Publication	ISSN No./Impact factors
1.	Suriyapriya Seetharaman and I. Maheswari	Physical and Functional Properties of Karunkuruvai Rice	Journal of Xidian University	VOLUME 17, ISSUE 12, Scopus and UGC care Group 2 multidisciplinary journal Pg:1041-1046	December 2023	DOI:10.37896/jxu17.12/095 ISSN No:1001-2400 Impact factor:5.4
2.	M. Priyadharshini and I. Maheswari	Anthropometric Measurements of Precocious Puberty Children In Madurai District	Journal of Composition Theory	Volume XVI, Issue IX, Scopus and UGC care Group 2 multidisciplinary journal Pg:46-54	September 2023	ISSN : 0731-6755, Impact factor :5.3
3.	M. Priyadharshini and I. Maheswari	Lifestyle pattern and food habits of precocious puberty children in Madurai District	Journal of Xidian University	Volume 17, Issue 9, Scopus and UGC care Group 2 multidisciplinary journal Pg:582-588	September 2023	DOI:10.37896/jxu17.9/051 ISSN : No:1001-2400 Impact factor:5.4

4.	I.Maheswari and R. Sahul Hameed	Proximate analysis and organoleptic evaluation of baker's yeast fermented rice bran protein concentrate incorporated spaghetti	Journal of Composition Theory	Volume XVI, Issue IX, Scopus and UGC care Group 2 multidisciplinary journal Pg:131-138	September 2023	ISSN : 0731-6755, Impact factor:5.3
5.	I.Maheswari and R. Sahul Hameed	Comparison of rice bran protein through different methods of extraction	Journal of Emerging Technologies and Innovative Research	volume-8, issue-10, pp-d679-687	October 2021	UGC Sr.No.63975, Impact Factor :7.95 ISSN : 2349-5162
6.	I.Maheswari and R. Sahul Hameed	A Study on chemical and functional Properties of Defatted rice bran	Global Journal For Research Analysis	volume-7, issue-6, pp-10-12	June-2018	UGC Sr.No.49177, Impact Factor : 5.156
7.	I.Maheswari and R. Sahul Hameed	ANAEMIA: A Public Health Concern?	International Journal of Current Advanced Research	Volume 7; Issue 6(A); 13157-13163	June-2018	ISSN: P: 2319-6505 Impact Factor: 6.614
8.	Sahul Hameed.Rand I.Maheswari	Rice Bran as a Functional Food Ingredient	International Journal of Recent Trends in Engineering and Research (IJRTER)	Vol:2, Issue No:6, Pg.444-447	June 2016	Impact factors: 3.34
9	Geetha P. S, I. Maheswari, R. Anandham and B. Nallakurumban	Heat stabilized defatted rice bran (HDRB) fermented with Saccharomyces cerevisiae var MTCC 3813 to enhance the protein content with bio activity	International Journal of Scientific and Research Publications	Volume 5, Issue 4	April 2015	ISSN 2250-3153
10.	P.S.Geetha, SA Thirumaran, I.Maheswari	Probiotic enriched noodles and bread from fermented cassava flour	Probiotics in Sustainable Food Production: Current Status And Future Prospects- Probiotic Foods	Pg.136-142	2013	ISBN 978-93-82338-47-5

BOOK PUBLICATION – 1 No

S.No	Title of the Book / Chapter	Publisher	ISSN/ISBN No
1.	உடல் மலர் தொழில் நுட்பங்களும் அதன் வணிக முறைகளும்	Babu offsets	ISBN : 81-903681-1-8

BOOK CHAPTERS -9 Nos

S. No	Name of Authors	Title of the Book	Publisher	Year of Publication	ISBN/ ISSN No
1.	I.Maheswari, Saraswathi Eswaran, P.Banumathi, S.Amutha	அறிவியல் தமிழில் வேளாண்மை- மாநில கருத்தரங்கம்	Babu offsets	2010	(ISBN No : 978- 81-906168-6-7)
2.	A.Jeyakumar and I.Maheswari	National conference on Integration of Modern technologies in teachers education	Mercury printers & publishes	2012	(ISBN No : 978- 93-5001-3987-4)
3.	Saraswathy Eswaran, Samuel Jesuda, P.Banumathi and I.Maheswari	International symposium on 100 years of rice science and looking beyond	TNAU, Coimbatore	2012	-
4.	P.S.Geetha, A.Susheela Thirumaran and I.Maheswari	Probiotics in sustainable food production current status and future prospects	Bonfring	2013	(ISBN No : 978- 93-82338-47-5)
5.	I.Maheswari, Saraswathy Eswaran, P.Banumathi, S.Amutha and P.S.Geetha	Ergonomics for enhanced productivity	Excel India NewDelhi	2013	(ISBN No :978-93- 82880-43-1)
6.	P.S.Geetha, B.Nallakurumb an, I.Maheswari, S.Gowri and S.Logeswari	Ergonomics for enhanced productivity	Excel India NewDelhi	2013	(ISBN No :978-93- 82880-43-1)
7.	I.Maheswari and R.Sahul Hameed	National Seminar on “Inclusion of children with disabilities – Challenges and Concerns	Excel India , New Delhi	2016	(ISBN : 978-93- 85777-12-7)

8.	I.Maheswari and S.Jeyabharathi	National Conference on "Biotanicals and phytochemicals: the challenges and promise for health care and drug development"	Publication Department, Rev.Jacob Memorial Christian College, Ambilikkai, Dindigul	2016	-
9.	S.Jeyabharathi and I.Maheswari	National Conference on "Biotanicals and phytochemicals: the challenges and promise for health care and drug development"	Publication Department, Rev.Jacob Memorial Christian College, Ambilikkai, Dindigul	2016	-

BOOKLETS – 4 Nos

S.No	Name of the Book	Authors	Year
1.	Value added products from Greenleafy Vegetables	Mrs.I.Maheswari Dr.P.Banumathi Dr.S.Amutha	2012
2.	கீரைகளிலிருந்து மதிப்பூட்டப்பட்ட உணவுப் பொருட்கள்	திருமதி.இ.மகேஸ்வரி முனைவர்.ப.பானுமதி முனைவர்.சு.அமுதா	2012
3.	உலர் மலர் தொழிற்நுட்பங்கள் மூலம் சுய உதவி குழுவின்கான தொழில் முனைவோர் வளர்ச்சித் திட்டங்கள்	திருமதி.இ.மகேஸ்வரி முனைவர்.பா.சு.கீதா முனைவர்.ப.பரிமளம்	2014
4.	Entrepreneurial development programme for self help group member through dry flower making technologies	Mrs.I.Maheswari Dr.P.S.Geetha Dr.P.Parimalam	2014

POPULAR ARTICLE – 1 No

S.No	Authors	Title	Publisher	Vol/issue/ Page no	Year
1	Geetha P.S., I. Maheswari and B.Nallakurumban	நொதிக்கப்பட்ட அரிசி தவிட்டின் பயன்பாடுகள்”	உழவரின் வளரும் வேளாண்மை, Tamil Nadu Agricultural University	மலர் 5, இதழ் 6, pg.No:35-36.	2013

FACULTY DEVELOPMENT PROGRAMME ATTENDED - 16 Nos

Sl. No	International /National FDP Attended	Organized by	Period
1	Two months National level Faculty Development Programme on “Sports and Performance Nutrition”	NPTEL-AICTE, IITM, Chennai	Feb-2024 to April 2024.
2	One day Intellectual Property Awareness/ Training Programme	National Intellectual Property Awareness Mission, Government of India, Ministry of commerce and Industry, Department for promotion of Industry and Internal Trade	11.03.2024
3	Three days online Faculty Development Programme on “Research innovations, patenting and quality publications”	Department of MCA, Fatima College, Madurai	26.02.2024 - 28.02.2024
4	Three days International online Faculty Development Programme on “AI Tools for Research and publishing	Department of Artificial Intelligence, Mannar Thirumalai Naicker College, Madurai	14.02.2024 - 16.02.2024
5	Six days Faculty Development Programme on “ Nutraceuticals & Food science”	AICTE Training and Learning(ATAL) Academy	27.11.2023 - 02.12.2023
6	Two days Faculty Development Programme on “ Design Thinking”	ICT, Academy	22.11.2023 - 23.11.2023
7	Five days International online Faculty Development Programme on “Outcome Based Education”	Tamil Nadu Teachers Education University and Dr.M.G.R Educational Research Institute, Faculty of Education and Academic	05.06.2023 - 09.06.2023
8	National Faculty Development Programme in Home Science “INSIGHT”	PG Department of Home Science, funded by IDP, OHEPEE, Rama devi Women’s University, Vidya vihar, Bhubaneswar, Odisha	14.02.2022- 19.02.2022
9	National Faculty Development Programme on “What, Why and How of patents”	Department of Biotechnology under DBT Star college scheme, V.V.Vanniaperumal college for women, Virudhunagar, Tamil Nadu	14.02.2022
10	State level Faculty Development programme on Enhancing quality by unearthing innovative practices-EQUIO 2022	IQAC of Mannar Thirumali Naicker College, Madurai and A.P.C, Mahalaxmi college for women, Thoothukudi.	18.04.2022 - 24.04.2022

11	National level Faculty Development Programme on “Enhancing teaching and creating an effective learning process in the contemporary Era”	Department of Business Administration, Hindusthan College of Arts and Science, Coimbatore	22.09.2021 – 28.09.2021
12	International level faculty development programme on “Emerging research advances and trends in Intelligent knowledge engineering systems”	Sri Sai Ram Institute of Technology, West Tambaram, Chennai.	30.09.2021 - 06.10.2021
13	Faculty Development Programme on Research and Extension	Department of Zoology, UGC Paramarsh Scheme, Ayar Nadar Janaki Ammal College, Sivakasi.	23.09.2021- 25.09.2021
14	National Level Faculty Development Programme on “Emphasizing the centrality of marketing of business”	Center for Management Studies, Jain (Deemed to be University)	20.09.2021- 24.09.2021
15	Teaching learning and research pedagogy for excellence in education	Internal quality assurance cell of ST. Joseph’s college, Kovur, Chennai	20.09.2021- 24.09.2021
16	Research Challenges for Beginners	Department of Computer Science and Research Centre, Thassim Beevi Abdul Kader College for Women, Killakarai, Ramanathapuram	13.09.2021 – 17.09.2021

DETAILS OF SEMINAR / WORKSHOP/TRAINING ATTENDED /PRESENTED
International :16 Nos National : 14 Nos State : 6 Nos

Sl. No	Name of the Seminar/Conference/Training	Organized by	Period	Presentation / Participation
	International			
1	Two days International conference on “Emerging strategies in Nutrition, Food and lifestyle for health management”	Department of Nutrition and Dietetics, Seethalakshmi Ramaswamy College, Tiruchirappalli	30.01.2024 - 31.01.2024	Participation
2	International conference on “Emerging Trends, Growth, Opportunities and future in food processing sectors”	PG Department of Food and Nutrition, Bishop Heber College, Tiruchirappalli	28.04.2022- 29.04.2022	Participation
3	International Conference on “Recent Progresses in Biological Sciences:	Ayya Nadar Janaki Ammal college, Sivakasi	04.03.2022- 05.03.2022	Oral presentation

4	Conference on Phytocolorants for an culinary value aesthetic appeal”	Department of Botany and Home Science, Sri meenakshi Arts College for women, Madurai	04.03.2022	Oral presentation
5	International conference on Applied biology for sustainable development	PG department of Zoology and research centre, Sri Parasakthi college	21.03.2022 - 22.03.2022	Oral presentation
6	International e-conference on “ Novel nutrition approach and Emerging opportunities to sustain in pandemic scenario”	Department of nutrition and dietetics, mount carmel college, Bengaluru and association with IIRB remote centre, women’s polytechnic college, puducherry	15-18 th June 2020	Participation
7	International Symposium on “Nutritional Insights into Ageing and Neurodegenerative Disorders”	Indian Dietetic Association, Kilakarai chapter	18 th January 2020	Participation
8	International Conference on “Bioresource Technology for food, energy and environmental sustainability”	Department of Biology, The Gandhigram Rural Institute, Deemed to be University, Gandhigram	8-10 th January 2020	Participation
9	UGC sponsored International Seminar on “Recent Trends in Food Processing Technology”	Department of Food Science and Technology, Arul Anandar College, Karumathur, Madurai	19 th January 2019.	Participation
10	International Smposium on “Innovations and advancements in Agriculture and plant Sciences”	Dhanalakshmi Srinivasan Agriculture college, Perambalur	23 rd May 2018	Poster Presentation
11	International Conference on “New Horizons, emerging challenges and recent paradigms in food mediated immunity and their role in human and longevity	PG & Research Department of Zoology and Department of Immunology and Microbiology, The American college (Autonomous) Madurai	31 st August and 1 st September 2016	Poster Presentation

12	The first international conference on food nutrition and health (ICFNH-2016) on food and health for everybody, everywhere	Department of food and nutrition research centre, Thassim beevi abdul kader college for women, Ramanathapuram District, TamilNadu	7 th and 8 th June 2016	Poster presentation
13	“International symposium on emerging trends in Bio-Chem-Nutraceuticals”	Department of chemistry, Zoology and home science with food biotechnology, Fatima College, Madurai	December 4, 2015.	Participation
14	“International satellite symposium on Emerging Trends in Nanotechnology”	Department of Home Science and Research Centre and Department of Chemistry, Tahassim Beevi Abdul Kader College for Women Killakarai, Ramanathapuram	17 th & 18 th December, 2015.	Participation
15	3 rd INCOFTECH - 2013 An International Conference on Food Technology Food Processing technologies – challenges & solutions	IICPT, Thanjavur, India	4 th and 5 th January 2013	Poster Presentation
16	International conference on Food and Nutraceuticals for nutrition and health: technology and delivery	Department of Food Science, Periyar University, Salem	20 th to 22 nd Jan 2011	Oral Presentation
	National			
1	National conference on “Role of Home Science in achieving sustainable Development goals	Department of Home Science, Government Arts college for Women, Sivagangai	04.03.24	Participation
2	Indian social science congress	Bharathidasan University, Tiruchirappalli	27 th to 31 st January, 2023	Oral Presentation

3	National seminar on “Thrust areas in biotechnology”	Department of biotechnology under DBT star college scheme, V.V.Vanniaperumal college for women, Virudhunagar	14.03.2022	Participation
4	National conference for bio-Industries sustainable livelihood	Department of Biology, The Gandhigram Rural Institute-Deemed to be University, Gandhigram	27 th and 28 th March, 2018	Oral Presentation
5	National Seminar on “Emerging trends in processing and value addition of small millets”	Tamil Nadu Agricultural University, Coimbatore and DHAN foundation, Madurai.	22 nd and 23 rd September, 2017	Participation
6	National Level Seminar on “Hurdle to horizon-Emerging trends in food technology	Department of Food Science and Technology, Arul Anandar College (Autonomous), Karumathur, Madurai	28 th January, 2017.	Participation
7	National Level Seminar on “Functional foods to achieve nutrition and health security”	Department of Food Science and Nutrition, Home Science College and Research Institute, Madurai	19 th September 2016	Poster Presentation
8	National Conference on “Advances in Biological and Environmental Sciences”	Department of Biology, Gandhigram Rural Institute-Deemed University, Gandhigram	25 th & 26 th February, 2016	Poster Presentation
9	National Conference on “Biotanicals and phytochemicals: the challenges and promise for health care and drug development”	Department of Biochemistry, Rev. Jacob Memorial Christian College, Ambalikkai, Dindigul	4 th February, 2016.	Oral Presentation
10	National Seminar on “Inclusion of children with disabilities – Challenges and Concerns	Department of Home Science Gandhigram Rural Institute-Deemed University, Gandhigram	21 st & 22 nd January 2016	Poster Presentation

11	National seminar on Probiotics in sustainable food production current status and future prospects	Faculty of Agriculture and animal husbandry, Gandhigram Rural Institute, Gandhigram	15 & 16 th March 2013	Oral Presentation
12	National Seminar on Ergonomics for enhanced productivity	Department of Family Resource Management, HSC&RI, Madurai	18 th & 19 th Feb 2013	Oral Presentation
13	National level Technical symposium, ZELOs'11	Kongu Engineering College, Perundurai	21 st Feb 2011	Oral Presentation
14	National seminar on Value addition of soya for better utilization	Home Science College & Research Institute, Madurai	14.02.02 to 16.02.02	Participation
	State level			
1	3 rd Annual state conference on "clinical nutrition"	The Alpha hospital and research centre, Madurai	18 th February 2017	Participation
2	State Level Seminar on "Therapeutic potential of low carb high fat diet-an overview"	Department of Home Science, Sri Meenakshi government arts college for women (Autonomous), Madurai	7 th January, 2017	Poster Presentation
3	Seminar on "Online Resources and tools for research"	Dr.G.Ramachandran library, The Gandhigram Rural Institute-Deemed University, Gandhigram	14 th November, 2016	Participation
4	2 nd Annual symposium on "clinical nutrition"	The Alpha hospital and research centre, institute of diabetes and endocrinology, Madurai	19 th March 2016	Participation
5	One day seminar on From peace in the home to peace in the world	Society for community organization trust, and Department of Home Science Extension, HSC&RI, Madurai	4 th December 2013	Participation
6	State level அறிவியல் தமிழில் வேளாண்மை- மாநில கருத்தரங்கம்	Agricultural College & Research Institute, Madurai	7.10.2010 - 8.10.2010	Oral Presentation

TRAINING ATTENDED – 5 Nos

Sl. No	Training Attended	Organized by	Period
1.	Online training programme on “Processing and Value Addition of Fruits and Vegetables”.	Food Processing Business incubation centre, Indian Institute of Food Processing Technology (IIFPT), Thanjavur	29.07.2020
2.	Research Methodology in Social Sciences	Association of Indian Universities and Pondicherry University, Puducherry	18.09.2018 - 24.09.2018
3.	“Accessibility and Universal Design”	Department of Home Science, The Gandhigram Rural Institute (Deemed to be University), Gandhigram	01.08. 2018
4.	Accessibility and Universal Design	Department of Home Science, The Gandhigram Rural Institute (Deemed to be University) Gandhigram	1.08.2018
5.	Research Methodology Training Programme for SC&ST research scholars in social sciences	Rajiv Gandhi National Institute for youth development, Sriperumbudur and Department of Lifelong Learning and Extension, The Gandhigram Rural Institute, Gandhigram	25.06.2016 - 29.06.2016

WORKSHOPS ATTENDED – 9 Nos

Sl. No	Workshops Attended	Organized by	Period
1.	State level Technical workshop entitled on “Intellectual Property Rights”	Mannar Thirumalai Naicker College Madurai	17.10.2023
2.	International workshop on “Selecting the right journal and understanding the publication process	Centre for research and development, Thassim Beevi Abdul Kader College for women, Kilakarai	23.10.2021
3.	Online National workshop on “Nutritional sustenance through dairy products: Initiatives and strategies”	College of Food and Dairy Technology, Faculty of Food Sciences, Koduveli, Chennai	01.06.2020
4.	National Workshop on “e-Content Development”	Centre from curricular research, Policy and Educational Development, School of Education, The Gandhigram Rural Institute, Gandhigram	25.02.2019 – 01.3.2019

5.	National Workshop on “Alert and Access of online resources”	Dr.G.Ramachandran Library in Association with National Digital Library of India, The Gandhigram Rural Institute (Deemed to be University) Gandhigram.	25.01.2019
6.	Emerging technology in processing and value addition of millets for better utilization	Home Science College and Research Institute, TNAU, Madurai	13.03.2014-14.03.2014
7.	Workshop on consumer rights	Dept.of Home Science Extention, HSC&RI, TNAU Madurai	19.08.2013
8.	Awareness programme on entrepreneurship	MSME& Dept.of Home Science Extention, TNAU, HSC&RI, Madurai	10.10.2012
9.	TANSCH (State Level workshop)	PG Department of Home Science, Fatima College, Madurai	28.01. 2009

CONVENER AND ORGANIZING SECRETARY FOR THE WEBINAR : 2 Nos

- Organized webinar on the eve of World Food Safety Day entitled “Food Standards Save Lives” on 07.06.2023.
- Organized webinar on the eve of World Food Safety Day entitled “Food Safety :Prepare for the unexpected” on 07.06.2024.

TRAINING UNDERGONE: 5 Nos

S. No	Nature of Training	Theme	Name of the Institutions	Duration	
				From	To
1.	3 days	Preparation of millet based value added products	TNSCST Scheme sponsored hands on training programme Department of Food Science and Nutrition, Mannar Thirumalai Naicker College, Madurai	26.02.24	28.02.24
2.	3 days	Value added millet based food products	TNSCST Scheme sponsored hands on training programme Department of Food Science and Nutrition, Mannar Thirumalai Naicker College, Madurai	11.03.24	13.03.24
3.	1 day	Food Fair 2014	Home Science College and Research Institute, TNAU, Madurai	13.11.2014	
4.	3 days	Dry flower processing	Home Science College and Research Institute, TNAU, Madurai	12.05.14	15.05.14
5.	3 days	Rice bran processing	Home Science College and Research Institute, TNAU, Madurai	29.12.15	31.12.15

WEBINAR ATTENDED - 14 Nos

Sl. No	International /National webinarAttended	Organized by	Period
1	National webinar on medicinal values of Indian traditional foods	Department of Tamil and Home Science, V.V.Vanniaperumal college for women, Virudhunagar, Tamil Nadu via virtual mode	03.03.2022
2	National Webinar on “Evidence based updates on diet and diabetes”	Department of Home Science and Centre for Research, St.Teresa’s College, Ernakulam, Kochi, Kerala.	12.11.2021
3	National Level Webinar on “Teaching is Reaching”.	Centre for Research and Development, Thassim Beevi Abdul Kader College for Women, Kilakarai	21.09.2021
4	Webinar on “ Immune Boosting:Need of the Hour”	Department of Home Science, The Gandhigram Rural Institute, Dindigul.	11.02.2021
5	Webinar on “ Life style modification and diabetes”	Department of Home Science, The Gandhigram Rural Institute, Dindigul.	12.02.2021
6	Webinar on “ Entrepreneurship in food industry”	Department of Home Science, The Gandhigram Rural Institute, Dindigul.	16.03.2021
7	Webinar on “Paradigms of researchin Home Science”	Department of Home Science, The Gandhigram Rural Institute, Dindigul.	15.03.2021
8	National webinar on “ Lifestyle andimmunity during covid-19”	Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for women, Coimbatore, Nutrition Society of India, Coimbatore and nutrition Association.	12.06.2020
9	International webinar on “Criticalcare and Renal Nutrition online programme”	CURI hospital and IDA, ChennaiChapter	01.06.2020-03.06.2020
10	Webinar on “ Tabacco cessation inCovid-19 pandemic”	IDA Kilakarai Chapter and Deparment of Home Science and Research centre, TBAK college for women, Kilakarai	31.05.2020
11	Webinar on “Nutritional awareness to thrive in Covid-19 world”	Department of Food Science and Nutrition, Periyar University, Salem	21.05.2020
12	National Webinar on “Urkund-livedemo”	Dr.G.Ramachandran Library in Association with National Digital Library of India, The Gandhigram Rural Institute (Deemed to be University)	20.11. 2020.

13	National Webinar on “Grammarly-live demo” rganized by Gandhigram	Dr.G.Ramachandran Library in Association with National Digital Library of India, The Gandhigram Rural Institute (Deemed to be University)	17.11.2020.
14	Webinar on “Health and well beingduring covid-19 pandemic”	PG and Research department of Microbiology, Biochemistry and Nutrition and Dietetics, Sengamala thayaar educational trust women’s college, Tiruchirappalli	01.06.2020



Signature